



Physical Therapy Pricing

Physical Therapy services are billed in “units” based on treatment forms utilized each unit is a roughly 15 minute period of time. A typical visit may include 2 units (30 minutes) of “Manual Therapy” at **\$40/unit** and 2 units (30 minutes) of Neuromuscular Re-education at **\$40/unit**. Sixty minute (4 unit) sessions, therefore, are **\$160**. The initial visit, however, is typically **\$180** due to the necessary evaluation.

Physical Therapy is considered a medical intervention which addresses specific injuries, pain syndromes, and/or physical impairments. Maryland is a “Direct Access” state for physical therapy. This means that a prescription is not necessary to see a physical therapist. However, if patients would like to submit their physical therapy bills to their insurance companies for reimbursement, they will likely need a prescription to prove “medical necessity.”

As of December 7, 2006, TAVO Total Health, LLC no longer participates with any insurance carriers. Patients are required to pay in full at the time of services and are given the necessary materials (“Superbill” and receipt of payment) to self submit for reimbursement. Because we do not affiliate with Medicare (neither as in-network providers or Opt-out providers) it is necessary for us to clarify that **Medicare will not reimburse for physical therapy at TAVO Total Health**. Medicare patient who choose us over a Medicare provider for their physical therapy needs understand and accept that **claims sent to Medicare will be denied**.

***Please be certain you know the specifics of your insurance plan. It is wise to contact your carrier to let them know you will be seeing an “Out-of-Network physical therapy provider.” Ask them for detailed information about how to attain reimbursement and the amount they will reimburse.**
